



“EngFrosh is here to help welcome you into the Carleton Engineering family...”

## TO THE PARENTS

*I highly recommend EngFrosh to all first year engineering students. Attending a large institution for the first time can be an intimidating experience for a young person. EngFrosh is an excellent opportunity to meet future classmates and build lasting friendships. It helps make the transition from high school to university an enjoyable and memorable one.*

Joe Giallonardo,  
Father of EngFrosh participant Andrew Giallonardo



## YOUR MISSION Should you choose to accept it

As a first year student at Carleton University, you have been recruited to enlist in the 2006 Engineering Orientation Week, Operation EngFrosh.

You may now open the envelope accompanying this pamphlet containing your mission details. These includes dates, locations, event descriptions and other important information about the week. Registration procedures to participate in the week's events are also enclosed. In addition the package includes information on some of the engineering groups and services at Carleton University.

For further information and to register, please visit [www.engfrosh.com](http://www.engfrosh.com), the official site of EngFrosh.

Email [info@engfrosh.com](mailto:info@engfrosh.com), if you have any questions or concerns.



**Carleton**  
UNIVERSITY



# ENGINEERING ORIENTATION WEEK

## SEPTEMBER 3 - 10, 2006

[www.engfrosh.com](http://www.engfrosh.com)

# MESSAGE FROM ENGFROSH HQ

So you've been accepted into the Faculty of Engineering and Design (FED) at Carleton University. Congratulations! Are you ready for the challenge? Do you know what you're in for? Are you ready for the most incredible years of your life?

Hello! We are the EngFrosh Co-Directors. This year it's our job and privilege to make sure your answers are "YES!" to these questions before the first day of classes by introducing you to a little thing we like to call "EngFrosh". EngFrosh is here to help welcome you into the Carleton Engineering family, and we're happy to have you!

Now that you'll be joining us in September, one of the first things you'll want to do is sign up for Operation EngFrosh 2006. EngFrosh is the orientation program at Carleton University designed for students in Engineering, Information Technology, Architecture and Industrial Design (though new students in any program are welcome to join). The EngFrosh week runs from September 3rd to September 10th and is comprised of various activities and outings specifically designed to introduce you to our engineering community.

So how does EngFrosh fit in with the rest of the orientation programs at Carleton? EngFrosh is an official but separate program; it's a program for FED students by FED students. It is organized and run entirely by student volunteers at Carleton, with the full support of the Faculty of Engineering and Design. It's designed specifically for students who have decided they aren't working a McJob for the rest of their life.

During the summer, you will also receive letters from other Orientation Committees. Throw them away! These groups have this bizarre notion that you should do orientation week



with people who are not in FED. EngFrosh is designed specifically with you, the Engineering and Design student, in mind. As such, there are specific (and very traditional) activities that only EngFrosh offers.

Through EngFrosh you'll meet the people you'll be spending your next few years with. These people will become your classmates, study partners, and friends throughout your academic career at Carleton and hopefully beyond. You'll also meet wise old upper year students, who will prove to be a valuable resource for everything from advice to cheap textbooks.

So come join us this fall for the time of your life! In this package is an EngFrosh envelope containing details of the week's events and registration instructions. If you have any questions about the week, drop us a line. Visit our website, [www.engfrosh.com](http://www.engfrosh.com), for all of our contact information.

See you September!

Andrew 'Machine' Good & Charles 'Hydro' Bernard  
EngFrosh Co-Directors 2006



# TESTIMONIALS

*I particularly enjoyed the fun games and events held during the week. The boat race was amazing to cap it all off. The facils supplied a pleasant atmosphere for one to meet new people and make friends. I still hang out with many of the friends I made during that time. There was never a moment when I questioned my decision to sign up for EngFrosh. My advice: SIGN UP!!! - Mike Jans, 2nd year Civil*

*EngFrosh was a great way to start off the best four years of my life. It's a chance for new students to become familiar and comfortable with their peers in a super fun atmosphere. The bonds and team work skills that will get engineering students through the next years are formed during EngFrosh. Not only is it a great place to meet people, but it's actually a stepping stone towards a healthy academic and social life at Carleton Engineering. - CU Engineering Graduate*

*When I came to Carleton I was a pretty shy person, so I did EngFrosh to get more acquainted with people. It was the best experience of my life! Not only did I get to meet people in different streams, but I went white water rafting, built a boat and got to do a lot of fun stuff. EngFrosh actually helped me get over my shyness. I am also in Architecture (so all you 1st year archs and everyone for that matter listen up!) Do EngFrosh! You don't get a lot of free time in first year; believe me, I know, so live it up in EngFrosh. You won't get another opportunity like this. Also, because you're around other 1st year students 24/7, it is nice to have friends throughout the faculty. It will be one of the best experiences ever. Catch ya next year! - Sarah Rogers aka Trooper, 3rd year Architecture*

*Cheers! - Jim Shivas, 4th year Civil*